



Student Handout: Arriving at a Decision

The Planful Model

Step 1: Identify the decision to be made, or in other words, the reason for a decision and what it is that you want to achieve either through solving a problem or reaching some future goal(s).

Step 2: Consider characteristics about yourself that need to be woven into the decision-making process.

Step 3: Identify as many alternatives for solving the problem or reaching the goal(s) as you can.

Step 4: Collect information about each alternative in order to be as fully informed about each as possible.

Step 5: Put alternatives in priority order, based on the information gained.

Step 6: Take action on the steps needed to put the highest-priority alternative into effect.

Step 7: Review the decision and possible outcomes to determine whether the outcomes of the decision have met your needs.

